

www.PilateswithMartin.com

since 2003 in the greater South Dublin area
Dublin 18, dublin 16, dublin 14

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086-1736720



Tuesday	Wednesday	Thursday	Friday
<p>10am-11am</p> <p>Over 40s, 50s Pilates</p> <p>Sandyford, Belarmine Dublin18 Venue - BCC</p>	<p>10am-11am</p> <p>Active Seniors Over 60s, 70s Pilates & Fitness</p> <p>Belarmine, Stepside Sandyford, Dublin18 Venue - BCC</p>	<p>10am-11am</p> <p>Active Seniors Over 60s, 70s Pilates & Fitness</p> <p>Dundrum, Dublin 14 Goatstown, Dublin 16 Venue - Taney</p>	<p>10am-11am</p> <p>Online Pilates</p> <p>For All Ages & Men & Women</p> <p>No Login No Password needed always the same link</p> <p><u>Click Here</u> to <u>check the class link</u></p>
<p>New in March & April 2024</p> <p>11.30am-12.30pm</p> <p>Active Seniors Over 60s, 70s Pilates & Fitness</p> <p>Sandyford, Belarmine Dublin18 Venue - BCC</p>		<p>11.30am-12.30pm</p> <p>Active Seniors Over 60s, 70s Pilates & Fitness</p> <p>Dundrum, Dublin 14 Goatstown, Dublin 16 Venue - Taney</p>	
<p>6.30pm-7.30pm</p> <p>Over 40s Pilates</p> <p>Dundrum, Dublin 14 Goatstown, Dublin 16 Venue - Taney</p>	<p>6.30pm-7.30pm</p> <p>Men Only Pilates</p> <p>Sandyford, Belarmine Dublin18 Venue - BCC</p>	<p>6.30pm-7.30pm</p> <p>Mens Only Pilates</p> <p>Sandyford, Belarmine Dublin18 Venue - SCC</p>	

BCC - Belarmine Community Centre, Sandyford, between Sandyford Village and Stepside, Dublin 18 near M50 exit 14 (13)

[Map-link](#)

[Streetview-Link 1](#)

[Streetview-link 2](#)

SCC - Sandyford Community Centre, Sandyford, near Sandyford Village, Lambs Cross, Dublin 18 near M50 exit 14 (13)

[Map-Link](#)

[Streetview-link](#)

Tany - Taney Parish Centre, Dundrum, (a few mintues walk from the Dundrum LUAS Bridge), close to Goatstown, Churchtown, Dublin 14, Dublin 16

[Map-Link](#)

[Streetview-link](#)